







National School Breakfast Week
March 5-9, 2007



Breakfast Around The World

Monday	Tuesday	Wednesday	Thursday	Friday
<u>ITALY</u>	<u>France</u>	 <u>USA</u>	<u>Australia</u>	<u>Mexico</u>
BREAKFAST PIZZA (SAUSAGE AND CHEESE) FRESH FRUIT OR FRUIT JUICE MILK	French Toast Sticks Syrup Fresh Fruit Or Fruit Juice Milk	All American Breakfast Sandwich (Egg, Cheese & Ham Sandwich) Fresh Fruit Or Fruit Juice Milk	Yogurt Outback Animal Crackers Diced Peaches Or Fruit Juice Milk	Breakfast Burrito (Ham, Cheese & Egg) Salsa or Hot Sauce Fresh Fruit Or Fruit Juice Milk
				



IF YOU WERE EATING BREAKFAST IN ITALY YOU WOULD BE HAVING BISCUITS, TOASTS, FRESH FRUITS AND A BEVERAGE. BUT IN HONOR OF AMERICA'S FAVORITE ITALIAN FOOD, JOIN US FOR A SERVING OF BREAKFAST PIZZA!

In Western Europe, nations such as Belgium and France enjoy a simple breakfast of breads and a drink!



In Australia, a popular breakfast is Muesli: a mix of yogurt, fruit, nuts, and grains.

Traditionally in Mexico there are 2 breakfasts. At the first breakfast you would have sweet breads and hot chocolate. At the second breakfast you would eat a hearty meal of eggs, chili sauce & tortillas!

